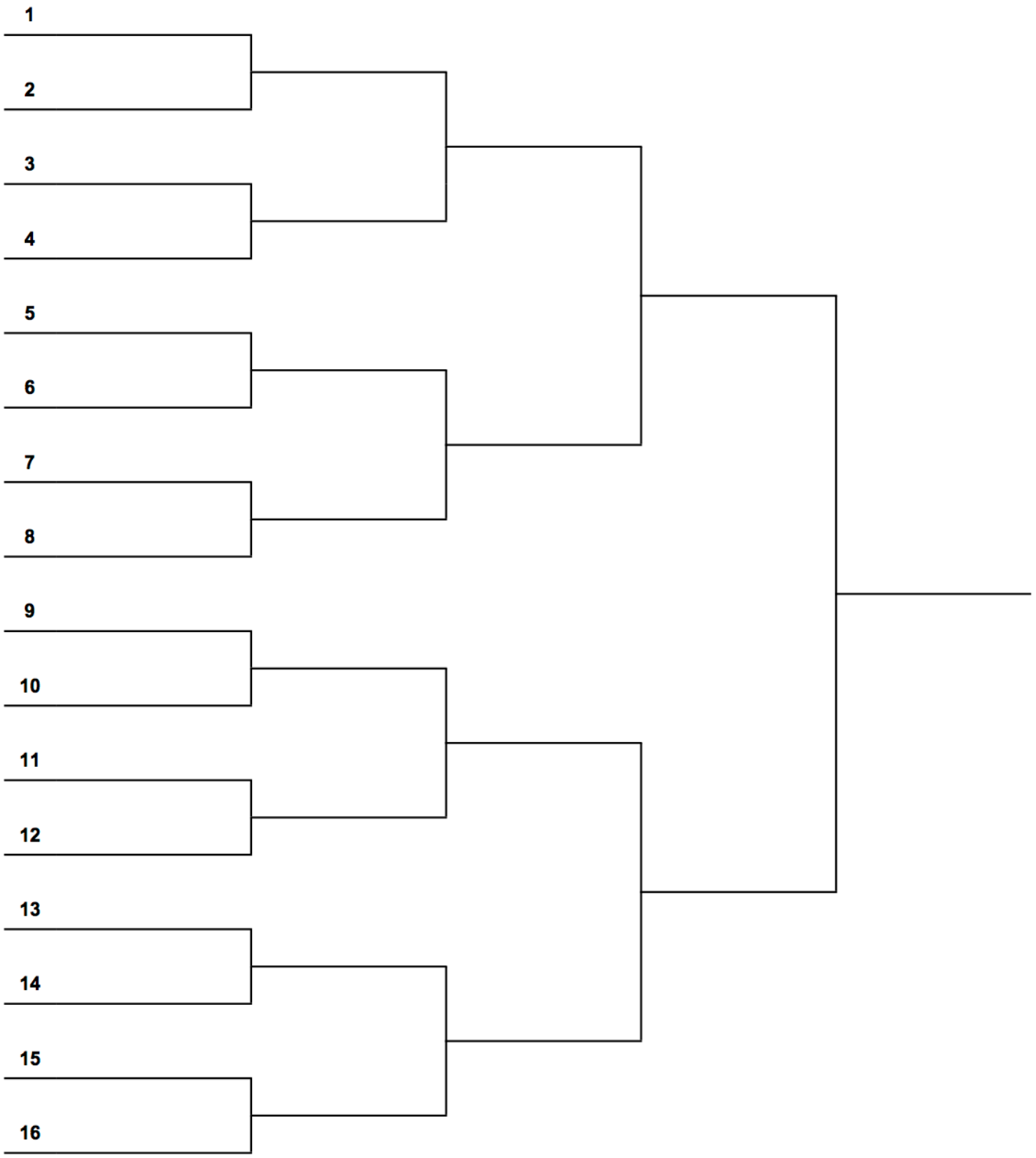

Sage Grayson
LIFE EDITOR
sagegrayson.com

Brackets

Thank you for downloading Brackets from Sage Grayson Coaching at http://sagegrayson.com. This tool will help you logically consider your choices and make a decision you won't regret later.

Instructions

- First, write the title of your bracket at the top of the worksheet. Some examples are "Where should I go on vacation?" or "What should I buy next?"
- Next, write 16 choices down the side of the page. Brackets also work when you have 8 choices or 4 choices. The order of the choices doesn't matter. Every item needs to be able to stand on its own regardless of where it's placed.
- Going 2 by 2, judge pairs of choices against each other and decide the winner of each pairing.
- Keep choosing the winner from each new pairing until you have a final winner.

Who's Sage?

Hey there! I'm Sage Grayson.

I help ambitious career women edit their habits, routines, and mindsets to balance their happiness at work and home. **I'm a Life Editor…and so are you!** I live in the suburbs of San Francisco with my husband, Chris, and dog, Skyla.

Like this worksheet? Get more unstoppable motivation at http://sagegrayson.com.

Like me on Facebook at www.facebook.com/SageGraysonCoaching

FREE Life Editing Strategy Call

Curious about what life editing can do for you? Let's set up a free 60-minute strategy call to talk about your current situation and see if we're a good match.

How It Works and What You Get

- A 60-minute one-on-one strategy call with me though Skype, Google Hangouts, or by phone. Your choice.
- Choose your most urgent problem or messy situation and come to the call prepared to make big changes.
- We'll work through the 5-step Life Editing Process for your issue.
- You'll come away with doable strategies to delete, add, and rearrange the parts of your life into a perfect flow.

Sign up at http://sagegrayson.com/work-with-me/ or simply send an email to sage@sagegrayson.com.