

Vision Board Planning

Before you create your vision board, take a few minutes to sit in a quiet spot and answer the following questions. There are no right or wrong answers. Think big—this is your life we're talking about!

What would your perfect life look like to you? Feel like? Taste like? Sound like? Who is with you?

What have you always wanted to be, do, or have, but you've never started?

Who or what do you wish you had more time for in your life?

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What brings you joy and happiness?

What type of person do you want to be?

What would your life look like if everything were working? Be creative!

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