



Brackets

Thank you for downloading Brackets from Sage Grayson Coaching at <http://sagegrayson.com>. This tool will help you logically consider all your choices and make a decision you won't regret later.

Instructions

- First, write the title of your bracket at the top of the worksheet. Some examples are “Where should I go on vacation?” or “What should I buy next?”
- Next, write 16 choices down the side of the page. Brackets also work when you have 8 choices or 4 choices. The order of the choices doesn't matter. Every item needs to be able to stand on its own regardless of where it's placed.
- Going 2 by 2, judge pairs of choices against each other and decide the winner of each pairing.
- Keep choosing the winner from each new pairing until you have a final winner.

Who's Sage?



Hey there! I'm Sage Grayson, and I'm a kick-ass life coach who helps busy women make their lives a little sweeter. I live in the suburbs of San Francisco with my husband, Chris, and dog, Skyla.

Like this worksheet? Get more unstoppable motivation at <http://sagegrayson.com>.

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